

Prayer Requests & Notes:

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# Get Connected

WINNING OVER WORRY  
Luke 12:22-32



## Winning over Worry

Luke 12:22-32

### Foundational Thoughts

1. Worry is a sin. (Philippians 4:6)
2. Worry is assuming responsibility that God expects us to give to Him, it demonstrates a lack of faith in His ability. (Philippians 4:6)

### How to win over worry

1. **You must get your mind right.** Vs 22
  - Typically, worry begins when we spend too much time thinking about ourselves and our personal problems and not enough time think about God.
  - The difference between worry and a burden is worry usually deals with something wrong in my life while getting a burden is being concerned about someone else.
2. **Consider the raven that depends on God to take care of it.** Vs 24
  - The raven is a picture of trusting God to provide and sustain us.
  - The raven is a picture of you and I learning to take life one day at a time. (Vs 24)
  - The Bible reminds us that worry is a waste of time and will not change a thing! (Vs 25-26)
3. **Consider the lilies, which trust God to use all circumstances of life to make it beautiful.**
  - The lily does not fight its surroundings; instead it accepts whatever comes giving full trust to its creator! (Vs 27)
  - The lily stands as a picture of great strength and grace beautifully arrayed to those who see it. (Vs 27)
4. **Seek first the kingdom of God, and worry will finish last!** Vs 31
  - Learn to live in faith, not fear.(Vs 32)
  - If we learn to spend our time seeking God and living by faith, worry will have no place in our life!

### Group Discussion

Use the following questions to help review the application of God's Word to our Head (What does God want me to know?), to our Heart (What does God want me to desire?), and to our Hands (What does God want me to do?).

- In what ways is life more than food and the body more than clothes?
- How does Jesus' statement challenge my view of what life is all about?
- According to this passage, what truths about God and about life make worrying foolish?
- List out my sources of worry and surrender these worries to God.
- What fears drive me to store up treasures on earth?
- Reflect on the words "your father." What is the relationship between trusting God as my Father and seeking his kingdom, and laying up treasures in heaven?
- Where is my treasure?